

Lunch

2 COURSE LUNCH
CHOOSE ONE STARTER & ONE MAIN COURSE

15pp

T&C's apply:

Available Monday - Friday, 12pm - 4PM
(excluding Bank Holidays)

FOOD ALLERGIES & INTOLERANCES:

PLEASE SPEAK TO OUR STAFF ABOUT THE
INGREDIENTS IN YOUR MEAL
BEFORE MAKING YOUR ORDER

(V) – VEGETERIAN
(G) – CONTAINS GLUTEN
(N) – CONTAINS NUTS



TURQUOISEKITCHENCHELMSFORD

Menu

STARTER

HUMMUS (V)

Chickpeas in tahini

CACIK (V)

Yoghurt, cucumber, garlic, fresh mint

TARAMA (G)

Smoked cod roe mousse, onion, bread, lemon, olive oil

BOREK ROLL (V/G)

Pastry filled with feta cheese spinach with sweet chilli sauce

FALAFEL (V/G)

Fritters with chickpeas, bread, peas fritter with hummus

KISIR (G/N)

Bulgur wheat, walnuts, hazelnuts, spring onions, tomato sauce

HALLOUMI (V/G)

Chargrilled goat & sheep milk halloumi

CHICKEN LIVER

Herb infused, sautéed diced chicken liver (spicy option available)

CREAMY MUSHROOM (V)

Button mushrooms in creamed garlic sauce & cheddar cheese sprinkle

SUCUK

Chargrilled mildly spicy sausage from Turkey

MAINS

CHICKEN A LA CREAM

Chicken breast, mushroom, peppers, white wine, cream sauce with chunky chips, asparagus

MEAT MUSSAKA £4 extra

Oven baked minced lamb, aubergine, peppers, potatoes, courgette, tomatoes, garlic onions, rice, in béchamel sauce

AL FREDO PENNE (G)

Chicken breast, in creamy penne, oregano, basil, garlic & parmesan cheese

TOMATO & BASIL PENNE (V/G)

Penne, sundried tomatoes, basil, parmesan

HALLOUMI BROCCOLI (V/G)

Broccoli sautéed with halloumi cheese, mushrooms, sundried tomatoes & onions

VEGGIE CASSEROLE (V)

Sauté of aubergines, courgettes, mushrooms, carrots, tomatoes, peppers, celery & garlic

VEGGIE MUSSAKA

Oven baked, potato, courgettes, peas, chickpeas, carrots, garlic, onion, tomatoes in béchamel sauce, with couscous

CHICKEN or LAMB CASSEROLE

With mushrooms, onion, tomato, fresh garlic, ginger, fresh coriander, with rice

FALAFEL HEAVEN (V/G)

Falafel fritters, served with hummus

CHICKEN SHISH

Chargrilled

ADANA KOFTE

Chargrilled minced lamb

CHICKEN WINGS

Chargrilled

SEA BASS £4 extra

Chargrilled fillet with baby potatoes & seasonal vegetables

CALAMARI

Squid lightly flavoured and seasoned, served with tartar sauce & lemon