

VEGGIE

VEGGIE CASSEROLE (V) Mixed vegetables sauté of aubergines, courgettes, mushrooms, carrots, tomatoes, green and red peppers, celery and garlic	19	VEGGIE KEBAB (V) Char-grilled mix vegetable skewer, served with mixed cabbage	19
VEGGIE MUSSAKA (V/G) Layers of aubergine, potato, courgettes, peas, chick peas, carrots, garlic, onion & tomato topped with béchamel sauce served with couscous	19.5	HALLOUMI BROCCOLI (V) Broccoli sautéed with halloumi cheese, mushrooms, sun-dried tomatoes and onions	17
FALAFEL HEAVEN (V/G) Chickpeas, broad peas, vegetable fritters, served with hummus	18		

SALADS

FETA SALAD (V) Chargrilled lean tender lamb skewers, tomato, cucumber, parsley, onions, feta cheese, black olives, olive oil and pomegranate dressing	7.5	SPICY EZME SALAD (V) Chopped tomatoes, onions, peppers, mint, parsley, olive oil, pomegranate dressing	8
AVOCADO SALAD (V) Avocado, cucumber, tomato, onions, peppers, parsley, salad dressing and pomegranate dressing	8	KING PRAWN SALAD Pan fried prawns, onions, mix leaf, tomato, cucumber, peppers, olive oil, pomegranate dressing	14.5
CAESAR SALAD Chicken breast, lettuce, tomatoes, peppers, bread crumbs, parmesan cheese & dressing	10		

BIT ON THE SIDE

CHUNKY CHIPS (V)	6.5	CHEESE BURGER (G)	10
RICE (V)	5.5	CHICKEN BURGER (G)	10
ASPARAGUS (V)	8	CHICKEN NUGGETS (G)	10
CREAMY MASH (V)	6.5	CHICKEN SHISH	10
HOT BULLET CHILLI (V)	5	CHICKEN WINGS	10
BABY POTATOES (V)	7		
SEASONAL VEG MIX (V)	6.5		

KIDS Served with rice or chips

FOOD ALLERGIES & INTOLERANCES: PLEASE SPEAK TO OUR STAFF ABOUT THE INGREDIENTS IN YOUR MEAL, WHEN MAKING YOUR ORDER.

(V) VEGETARIAN (G) CONTAINS GLUTEN (N) CONTAINS NUTS



TURQUOISE
KITCHEN *Chelmsford*

WELCOME

...to Turquoise Kitchen Bar & Grill, Chelmsford's best kept secret.

Our Executive Chef, Gazi Osku has created an authentic & innovative menu featuring some of Turkey's best kept dining secrets.

Designed for both sharing and feasting, our menu is a celebration of Turkey's rich food heritage.



TURQUOISEKITCHENCHELMSFORD

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TO START

BOREK ROLL (V/G) Rolled pastry filled with feta cheese and spinach served with sweet chilli sauce	9	SUCUK Chargrilled mild spicy sausage from Turkey	9
STICKY BBQ WINGS (G) Bbq sauce marinated charcoal grilled chicken wings	11.5	CREAMY MUSHROOM (V) Freshly cooked button mushrooms in garlic cream topped with a sprinkle of cheddar cheese	9
STICKY BBQ RIBS (G) Bbq sauce marinated charcoal grilled lamb ribs	11.5	PAN FRIED PRAWNS Pan fried prawns, garlic butter, lemon, fresh tomato	10
FALAFEL (V/G) Chickpeas, bread peas, vegetable fritters served with hummus	9	SWEET PRAWNS Pan fried prawns, marinated in sweet chili sauce	10
HALLOUMI (V) Made with goat and sheep milk, grilled reducing its saltiness, empowering its creamy texture	9	SLIDERS (G) Mini chargrilled lamb mince slider burgers with cheese	13
CALAMARI (G) Squid lightly flavoured and seasoned, served with tartar sauce & lemon	10	MIXED HOT MEZE (G) Sucuk, halloumi, falafel, calamari, borek roll with two sauces	24
CHICKEN LIVER Herb infused sautéed diced chicken liver	10		

COLD BITES

HUMMUS (V) Chickpeas in tahini	8	TARAMA (G) Smoked cod roe mousse, onion, bread, lemon, olive oil	8
CACIK (V) Grated cucumber, thick yoghurt, garlic, fresh mint	8	KISIR (G/N) Bulgur wheat mixed with crushed walnuts and hazelnuts, spring onions and tomato sauce.	9
PATLICAN SOSLU (V) Fried aubergine, onion, red and green peppers, garlic, tomato sauce	9	MIXED COLD BITES A selection of hummus, cacik, tarama, patlican soslu, kisir	18.5

SEA

SEA BASS FILLET Seasoned & chargrilled sea bass fillet served with baby potatoes and seasonal vegetables	22	TURQUOISE KING PRAWNS Seasoned & chargrilled king prawns, marinated in chef's special garlic butter served with baby potatoes and seasonal vegetables	22
SALMON Fillet of salmon cooked on charcoal marinated in chef's special garlic butter served with creamy mash and seasonal vegetables	22	TURQUOISE SEA Salmon, sea bass & king prawns, marinated in chef's special garlic butter served with baby potatoes and seasonal vegetables	32

FIRE Served with rice and salad

LAMB SHISH Chargrilled lean tender lamb skewers	25.5	CHICKEN BEYTI Grilled minced breast of chicken seasoned with garlic mint and parsley	21.5
CHICKEN SHISH Chargrilled lean chunks of chicken breast skewers	22	LAMB CHOPS Chargrilled tender lamb chops	27
MIX SHISH Special marinated, chargrilled lamb & chicken skewers	25.5	LAMB RIBS Chargrilled tender lamb ribs	22
CHICKEN WINGS Chargrilled chicken wings	20	MIX GRILL A mix of lamb and chicken skewers, adana kofte, chicken wing & lamb chop	29
ADANA KOFTE Chargrilled lean tender minced lamb skewers flavoured with red chilli flakes	22	Additional Bread Basket	1.5

SIGNATURES

CHICKEN A LA CREAM Chicken breast, mushroom, mixed peppers, white wine, cream sauce, chunky chips, asparagus	22	LAMB CASSEROLE Lamb casserole with mushrooms, onion, tomato, peppers, fresh garlic served with rice	22
MEAT MUSSAKA (G) Minced meat, aubergine, mixed peppers, potatoes, courgette, tomatoes, garlic onions, plain rice, cooked in the oven with béchamel sauce	23	HUNKAR BEGENDI (G) A classic Sultan's dish slow cooked lamb stew on a bed of creamy smoked aubergine sauce blended with cheddar cheese	24
LAMB SHANK Slow cooked lamb shank with tomatoes, creamy mash and seasonal vegetables	23	CHICKEN WITH SPINACH Chicken breast, onion, peppers, tomato and spinach served with rice	21
AL FREDO PENNE (G) Chicken breast, dried oregano, dried basil, fresh garlic, parmesan cheese creamy penne	19.5	CHICKEN CASSEROLE Chicken casserole with mushrooms, onion, tomato, fresh garlic, ginger and fresh coriander served with rice	20
TOMATO & BASIL PENNE (V/G) Sun-dried tomatoes, minced fresh basil, parmesan cheese penne	17		

LAND

We age our steak for 28 days, cook them to perfection in white wine, chef's special garlic butter, served with chunky chips, mushroom, onions, pepper corn sauce.

SIRLOIN STEAK 250 GRAM	33	RIB EYE STEAK	38
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YOGURT SPECIALS

SARMA CHICKEN BEYTI (G) Chargrilled minced chicken on a skewer, wrapped in toasted bread topped with chef's special tomato sauce & melted butter	24	SARMA ADANA BEYTI (G) Chargrilled lean tender minced lamb on a skewer, wrapped in toasted bread topped with chef's special tomato sauce & melted butter	24
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